

# stella

BEAUTY



## THE TREATMENT

For an intensely relaxing experience try the *IT FACIAL* at the Hurlingham Clinic. Deep cleansing and a glycolic peel are followed by a gentle lymphatic massage that drains away all puffiness and leaves you in a state of complete calmness. When you come to, skin is clear, smooth and glowing. Bliss. £120 for 90 minutes at the Hurlingham Clinic, London SW6 ([hurlinghamclinic.co.uk](http://hurlinghamclinic.co.uk))

## What's in my make-up bag?

The make-up artist **LAUREN HERSHESON** styled Freida Pinto for the premiere of 'Slumdog Millionaire'

- **SOLEIL IDENTITE** £25, BY CHANEL (020 7493 3836). The best fake tan for the face. It smells amazing, moisturises, works well under make-up and never turns the skin orange
- **DESIGNER SHAPING CREAM FOUNDATION SPF 20** £45, BY GIORGIO ARMANI, FROM SELFRIDGES (020 7318 2486). I've turned many non-foundation-wearing women into devout addicts with this beautifully textured one, including my mum
- **SHIMMERING SKIN PERFECTOR** £32, BY BECCA ([BECCACOSMETICS.COM](http://BECCACOSMETICS.COM)). A gorgeous highlighter that gives an incredible glow, without any horrible glitter or sparkly bits. Dab this on to the cheekbones to give them a pop, or to slim down the face slightly
- **EYE BASICS PALETTE** £32, BY BOBBI BROWN (0870 034 2566). A smart little box that contains everything you need. The colours are so wearable and the textures so soft
- **TINTED LIP CONDITIONER SPF 15** £10.28, BY MAC ([MACCOSMETICS.CO.UK](http://MACCOSMETICS.CO.UK)). Nobody wants to wear make-up on the beach, but a slightly glossy tint looks lovely. My favourite is Gentle Coral ●

**BEAUTY SPOT**  
BIGGER, BETTER BROWS

'The look for brows this summer is big and bold - think Anne Hathaway and Penélope Cruz. As you grow them, use a brow pencil to create a strong shape and fill in gaps. Massage in a brow oil before bed to stimulate growth in even the overplucked'  
**Vanita Parti**  
*Blink Brow Bars*

## THREE BEST FASHION WEEK MUST-HAVES

Left to right

**TOUCHE ECLAT**, £23, BY YVES SAINT LAURENT (01444 255700). This classic product is ideal for brightening a tired complexion and refreshing make-up on the go

**PARFUM DE SAC IN AMBER**, £42 FOR THREE 10ml CANISTERS, BY PRADA (020 7494 6220). Can be clipped to your bag, keeping the gorgeous scent within easy reach

**ROUGE ALLURE IN PASSION**, £19.50, BY CHANEL (020 7493 3836). Gives intense, long-lasting colour while canola oil and shea butter soothe and soften lips

