



Beauty Spy

ES AGENDA

top 3 THIS WEEK Pink nail polish

To celebrate its 20th anniversary, OPI has raided its archives to create Colorcopia, a collection of iconic colours. DC Cherry Blossom is one of many highlights. £9.95 (01923 240 010; www.lenawhite.co.uk).

We love Butter London nail polishes. Free from all carcinogens such as formaldehyde, they come in strong pigments including this season's Snog, £9.79 (0845 254 5409; www.strawberryandcream.com).



Edited by SOPHIE GOODWIN

Leighton Denny makes brilliant nailcare products and his range of varnishes are top-notch. Babydoll is our pick of the bunch, £10 (0845 862 0515; www.leightondenny.com).

Bobbi Brown's cult Shimmer Brick Compact has just launched in Platinum Pink and will give your cheeks a perky splash of colour. £29.36 (0870 034 2566; www.bobbibrown.co.uk).

Trick or treatment

LUXURY PARAFFIN PEDICURE AT THE CITY POINT CLUB

The promise Silky soft, rejuvenated feet.

The process Paraffin wax isn't a product I'd normally associate with pampering, but there was tea and coffee thrown in, explained my therapist Katie. First came a very pleasant antibacterial bubble soak. Then a green tea scrub soothed and a cappuccino massage revived my end-of-the-day feet. Next was the fun bit: Katie encased my feet in warm, melted paraffin wax and then they were snuggled inside heated booties for ten minutes. Afterwards, they slid easily out of their 'wax mould'—retréshed and raring to go, but not before my toenails had been painted with vivacious red polish.

The verdict The softest skin ever with a wonderful translucent quality to it. My feet are ready for spring and sandals.

£50 for an hour. 1 Ropemaker Street, EC2 (020 7920 6200; www.thecitypointclub.co.uk). JG

Double-cleansing your skin gives the best results. Apply Darphin's new Cleansing Milky Emulsion with Verbena, £24.47, with a cotton wool pad, and then wash with warm water and Cleansing Foam Gel with Water Lily, £17.62 (0870 034 2566; www.darphin.co.uk).

Emily Watson is a natural beauty

HOW TO APPLY NATURAL-LOOKING MAKE-UP by make-up artist Lauren Hersheshon

- Use a fluid concealer. I like MAC Select Moisturecover. It is light-reflective, doesn't look heavy and comes in pink or yellow tones.
- Dab a little under each eye and blend in using a brush. Mix it with moisturiser or cleanser so it doesn't sink into lines. Then dab around the nose, at the outer corners of the eyes and on any blemishes.
- Choose the right type of foundation – it's just as important as the colour. If your skin is dry, you'll need one with a moisturiser. I like Armani's Shaping Cream for medium coverage. You need the tiniest amount of cream foundation: blend it in well. Laura Mercier's tinted moisturiser gives a superlight finish. For normal to oily skin, go for an oil-free foundation.
- Choose the right colour. Test it on your face by the jawline so that you won't get a line along your jaw, making you look as if you're wearing a mask.
- To finish, dust a light loose powder to take away any shine. I use Chanel Ultra-Fine. It doesn't make the skin look dull.

make-up session with Lauren Hersheshon at Daniel Hersheshon at Harvey Nichols, £70 for 60 minutes (020 7201 8797)

Chanel Ultra-Fine Translucent Powder, £34 (020 7493 3836; www.chanel.co.uk), Giorgio Armani Designer Shaping Cream Foundation, £45 (www.giorgioarmanibeauty.com), MAC Select Moisturecover, £11.26 (0870 034 2627; www.maccosmetics.co.uk)

THE TOOLS



'I shove it on. Spontaneous outfits are the best ones. It's about chaos, not pre-planning.' The gospel according to **Kate Moss**