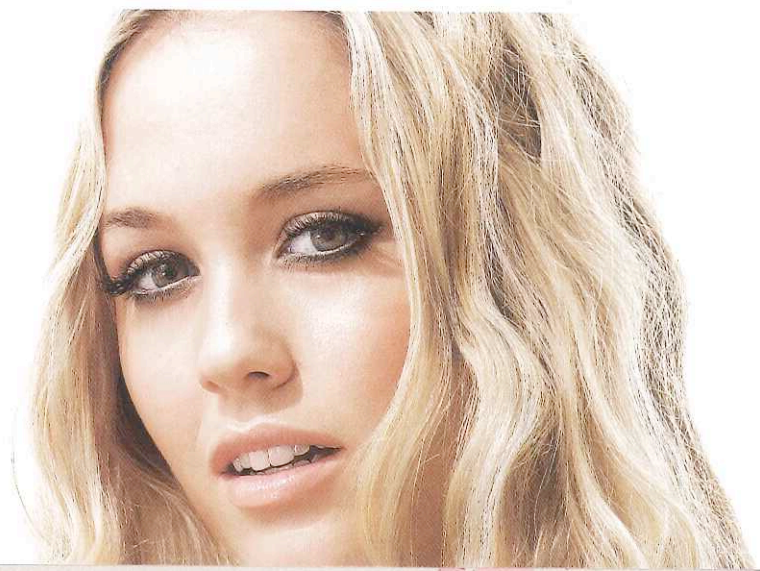


# ES BEAUTY



24 April 2009



Amanpour and Olympia Scarry.

**INSIDER TIP** 'A drop of highlighter and foundation in your moisturiser will give you a glow first thing in the morning.'

**COST** £300 for a hair and make-up session. 020 8741 1687; joygoodman.com

### Zoe Taylor

**WHY** In between working backstage during fashion weeks in Paris, New York, London and Milan, Zoe is sought after for private bookings. She's versatile and can create something simple or a radical new look.

**WHO GOES THERE** Natalie Imbruglia and Princess Olga of Greece.

**INSIDER TIP** 'Apply translucent powder on top of lipstick – it will keep it in place for hours.'

**COST** £150 per hour. 07779 267718; zoetaylor.com

## Botox

### Malti O'Mahoney at the Boston Aesthetics Clinic

**WHY** An ex-neurological nurse, Malti understands how the muscles work and her Botox is subtler than most.

**WHO GOES THERE** Meg Mathews.

**INSIDER TIP** 'Don't drink or smoke to get the best from your skin and apply Geo's clay mask for 15 minutes when you get home.'

**COST** From £110. 41 Moscow Road, W2 (020 7229 8890)

### Dr Veronique Simon at Cadogan Place

**WHY** An aesthetic doctor and expert in facial modelling, Dr Simon has just launched Remake, a new type of filler, in London. Lasting for up to three years (traditional fillers usually last for up to three months), Remake aims to avoid the frozen face that gives Botox a bad name.

**INSIDER TIP** 'Treat your skin as you would a muscle. The more you work your muscles, the better you keep your figure as you age, so try regular gentle peels and deep nourishment.'

**WHO GOES THERE** Pamela Anderson and Emanuel Ungaro. **COST** Fillers from £750. 34 Cadogan Place, SW1 (0783 8119 948)

### Dr Jean Louis Sebagh, Wimpole Street

**WHY** 'Emotional' Botox is Sebagh's forte (where injections are administered much more gently). A cosmetic doctor, his speciality is Dream Sculpture, which replenishes lost volume in the face with fillers such as hyaluronic acid.

**WHO GOES THERE** Naomi Campbell, Trinny Woodall, Tamara Mellon and Kylie Minogue.

**INSIDER TIP** 'Don't smoke, don't sunbathe without protection and smile.'

**COST** Botox and fillers from £400. 020 7580 3343; drsebagh.com

### Dr Marko Lens, Harley Street

**WHY** Oxford and Harvard trained, Italian cosmetic surgeon Marko Lens is famous for his Oxy Detox treatment – a shot of topical oxygen, amino acids, peptides and vitamins that makes skin glow.

The creator of Zelens skincare, try his Cellular Reconstruction night cream and you will wake up transformed.

**WHO GOES THERE** Emily Mortimer and Thandie Newton use Zelens.

**INSIDER TIP** 'Always use a cream that has an SPF15 or higher.'

**COST** Botox and fillers from £250. 60 Harley Street, W1 (020 7637 1600; markolens.com)

### Dr Bernard Hertzog at BA Institute

**WHY** In an elegant townhouse, the BA Institute has the feel of a members-only club. A French cosmetic doctor, Bernard comes to London once a week armed with his 'magic' needle that follows the curves

of the face and causes less bruising. His fillers are hard to beat, using revolutionary Surgiderm for lips and fine lines and creases round the eyes and mouth.

**INSIDER TIP** 'It's better to prevent than to lament.'

**WHO GOES THERE** Monica Bellucci and Carla Bruni Sarkozy.

**COST** Botox from £250; fillers from £450. 123 Old Church Street, SW3 (020 7351 2040; ba-institute.com)

## Dental treatments

### London Cosmetic Dentistry

**WHY** Because the WY10 whitening is one of most effective whitening treatments



in the UK. It's fast (30 minutes) and painless. Led by leading expert in cosmetic dentistry Dr Mervyn Druain, this is the place to go to achieve your perfect smile.

**WHO GOES THERE** Naomi Campbell, Diane Kruger and Sadie Frost.

**INSIDER TIP** 'Hot water and lemon may be good for your digestive system in the morning but it is extremely corrosive for your teeth.'

**COST** £475 for consultation, treatment and Tres White home whitening kit.

93 Haverstock Hill, NW3 (020 7722 1235)

### Dr Surinder Hundle at Lund Osler

**WHY** Designer dental care pioneer '10 Years Younger' Surinder focuses on prevention and total health as well as aesthetics. You are X-rayed with digital imaging and a camera is in your mouth during surgery so, if you want to, you can investigate the state of your molars as Surinder works.

**WHO GOES THERE** Jonathan Rhys Meyers, Bryan Adams, Oswald Boateng and Roberto Cavalli.

**INSIDER TIP** 'Wait 20 minutes after eating or drinking before brushing your teeth. Food and drink change the pH in your mouth so teeth are more susceptible to damage directly after. After 20 minutes, the natural balance in your mouth is restored and it is safe to brush.'

**COST** From £450 for in-house whitening.

56 Knightsbridge, SW1 (020 7838 8969; lundosler.com)

### Teeth whitening with Dr Das at Swiss Smile

**WHY** Swiss Smile is a glamorous operation, more akin to a smart spa than a dental studio. The Zoom Advance whitening system means you can see the results immediately.

**WHO GOES THERE** Jefferson Hack and Matthew Williamson.

**INSIDER TIP** 'If you can't afford professional whitening, try a product called Whitening Pearl Shine and Repair dental conditioner. It works like hair conditioner to give a glossy pearl shine on the teeth. Use once a day after brushing and



Thandie Newton gets her glowing skin in Harley Street

Fifties salon's therapists are dressed in retro pink and black pinafores.

**INSIDER TIP** 'Use a primer before applying foundation so it lasts longer and use an eye primer to stop eyeshadow creasing.'

**COST** Make-up application or hairstyle £15.

136 Columbia Road, E2 (020 7729 1365; thepowderpuffgirls.com)

### Lauren Hersheson at Daniel Hersheson, Harvey Nichols

**WHY** Lauren always looks fresh-faced so you know you are in good hands. She will show you how to highlight your natural skin tone and teach you a wealth of new tricks and techniques. Lauren will also take you shopping at the make-up counters downstairs.

**WHO GOES THERE** Freida Pinto, Maria Sharapova and Camilla Belle.

**INSIDER TIP** 'Use MAC face and body foundation on your legs for the summer months; this gives an incredible satin-smooth finish so you don't have to wear tights.'

**COST** Make-up session £70; make-up lesson £85; bridal trial £100.

4th Floor, Knightsbridge, SW1 (020 7201 8797; harveynichols.com)

### Emma White Turler at Joy Goodman

**WHY** If you want to look as if you've had a month's holiday, Emma is the make-up artist for you. Her style is very natural and she will conjure up a look to hide all your sins – fresh-faced, glowing beauty in a flash.

**WHO GOES THERE** Christiane

Dental treatments

Botox

Make-up artists

Facials