

EDIT

BEAUTY
HARVEY NICHOLS

Treatment Time

With the party season upon us it's time to step up the beauty maintenance programme.

Just because it's winter, there is no excuse to let your regular grooming programme slip. In fact, many treatments that use laser or light therapy, such as hair-removal and skin rejuvenation, benefit from being taken during the winter as the risk of UV light exposure is reduced and the body is more covered up due to warmer clothing. Here are three of the best treatments on offer at Harvey Nichols:

BEYOND MEDISPA

Book an appointment at Harvey Nichols Beyond Medispa in Knightsbridge for a consultation to investigate the latest rejuvenation therapies on offer including VelaShape, the first and only Food & Drug Administration (FDA) approved cellulite reduction and body re-shaping treatment. VelaShape has combined energies known as elos technology that precisely target and heat fatty tissues with a vacuum massage to help smooth areas of the body. Six sessions are recommended over a six-week period to produce visibly firmer, smoother and tighter skin in the stubborn problem areas like the stomach, legs, bottom and thighs. Call 020 201 8595 for an appointment.



From top: **Blink Rose Gel**, **Aloe Vera Gel** and **Hydra Eye Gel**, £24 each.

BLINK BROW BAR

Bold eyebrows are a key beauty trend this season so ensure yours are shaped to perfection. Threading is the quickest, most precise and effective way to tidy the brows. The traditional Indian practice uses twisted cotton thread to trap and whisk out even fine hairs with less pain than other methods. Drop into the Blink Brow Bar at Harvey Nichols Knightsbridge to revitalise your eyebrows. Call 020 7235 5000 for an appointment.

LAUREN HERSHESON

If you're looking to modernise your make-up look, seek the advice of Lauren Hersherson, the new in-house make-up artist at Daniel Hersherson's Fourth Floor hair salon at Harvey Nichols, Knightsbridge. As a member of the Hersherson family, Lauren has great style in her genes and this, coupled with her artistic skills garnered through magazine photo shoots and catwalk shows, means that she's perfectly placed to advise on your look. From make-up lessons (£85) to pre-wedding sessions (£100), Lauren will discuss styles, techniques and products and even accompany clients to shop for the right make-up in the Harvey Nichols beauty department. Call 020 7201 8797 for an appointment.

